

Ghana Guidebook for Ashanti Development Volunteers

This aims to provide Ashanti Development volunteers with ideas for visits from Gyetiase. All trips have been undertaken by other volunteers. For further information please use the Bradt Ghana or the Lonely Planet West Africa guidebooks.

If you wish to add anything please write, print and add to the folder while you are in Gyetiase and then email to Dawn Williamson who will add it to the master document.

Prices were correct in November 2013. There is considerable inflation so please use them only as a relative guide between places (ie. They show relative prices of hotels and modes of transport)

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Longer trips

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Accra

The coast - Cape Coast, Elmina, Besua, Kakum National Park, Keta

Visiting other NGOs – Ghana NGO Collaboration Project



Around Gyetiase

Gyetiase

Market – there are a few stalls in the centre of the village, open all day, everyday. The stall holders are all very friendly and welcome any business we can bring to them. So have a chat and buy something.

Primary school and Junior High School (JHS). The are very typical government schools. Please ask Nicholas or Diana to arrange a visit. It is possible to help with reading at the primary school before school starts and there are sometimes opportunities to help with ICT at the JHS.

Several churches – there are many churches of all denominations in Gyetiase. Volunteers have attended services at several of them

River. The people of Gyetiase collected all their water from the river until mid 2013 when Ashanti Development helped bring a supply to the village. The river is still used for clothes washing. It is an interesting walk through the fields to reach the village. Please ask Diana for directions



Mampong

Getting to Mampong. It is about 2 miles to Mampong, an enjoyable walk (about 40 mins) if the heat of the day is avoided. Otherwise you will need to take a taxi. Sometimes shared taxis can be found but you might have to wait on the roadside for a while. The easiest way is to phone for a local taxi.

Getting back from Mampong. Walking as before. It is easy to get a taxi in Mampong to Gyetiase.

Mampong is a typical small Ghanaian town. It is safe and friendly. In addition to the small shops there are many small businesses making a large variety of everyday items.

Video City Cinema – shows English Premiership and Champions League football.

Cold drinks available and necessary. Try to catch a 'big' match. It's very noisy and great fun.



Market – on Wednesdays. This is not a tourist market, traders bring meat, fish, vegetables, fruit, cloth, clothing and many other items to the market for to sell to local people and other traders. It is an interesting insight into the local economy. It's quite good to buy a couple of metres of material - around 10 cedis - and get it made into a shirt or blouse in the village by a local tailor

Simple stores – at junction of road to Gyetiase and main road through town. Serves local food, cold drinks and beer. A pleasant courtyard to sit with a drink
Mampong Guest House Annex otherwise known as Lily's is a restaurant/cafe which serves fish, chicken and chips as well as cold beer– and it's on the right hand side 200 metres after Commercial bank on the way out of town

Internet cafe – across the road from Simple Stores, opposite petrol station. Cheap fast internet and wifi.

There is a supermarket near the bus and tro tro station in Mampong that has all kinds of treats including biscuits, baked beans and tinned tuna.

Nsuta

Getting there. A lovely walk through forest and farms. Or phone for a taxi to get there, find a taxi in Nsuta to return.

Nsuta town – a small version of Mampong

Market – on thursdays

Walks

To Nsuta

To Mampong

To Tadiasa



Colouring with the children on the varandah of the clinic



Walking to Nsuta



Day trips

Abesua Prayer Mountain (Holy mountain)

How to get there and away	Located on the escarpment below Nsuta. Take a taxi to Abesua (this is a village supported by Ashanti Development), driver will wait while you go up.															
Where to eat	Food and drink can be bought at the top usually, but take water with you															
What to see	<div data-bbox="635 607 1066 958" data-label="Image"> </div> <div data-bbox="1098 607 1463 887" data-label="Text"> <p>A guide will take you to the top, or take someone from Gyetiase. A small charge is payable at the entrance. The walk takes about an hour, past prayer stations and through the forest. A wonderful view from the top</p> </div> <div data-bbox="619 1099 1209 1536" data-label="Image"> <p>WELCOME TO CITY OF GOD CAMP "CAMP 2 & 4" (A PLACE OF SERIOUS ENCOUNTER WITH GOD) ACTIVITIES</p> <table border="1"> <thead> <tr> <th>DAY</th> <th>PROGRAMMES</th> <th>TIME</th> </tr> </thead> <tbody> <tr> <td>SUNDAY MORNING</td> <td>CHURCH SERVICE</td> <td>8:00am - 11:00am</td> </tr> <tr> <td>WEDNESDAY MORNING</td> <td>CHURCH SERVICE</td> <td>7:30am - 10:30am</td> </tr> <tr> <td>WEDNESDAY EVENING</td> <td>ALLNIGHT SERVICE</td> <td>10:00am - 3:00am</td> </tr> <tr> <td>FRIDAY EVENING</td> <td>INTERCENSIONAL PRAYER</td> <td>7:30am - 8:30am</td> </tr> </tbody> </table> <p>RULES AND REGULATIONS All must attend every activity - Do not urinate, defecate or litter anywhere Do not defecate anywhere around the Camp. No Noise after 9:00am-11:30am Contact the Authorities for more Enquiries PROVERBS: 25:28 Humility and Obedience are the surest paths to wisdom GENERAL OVERSEER: CHARLES ANTONY 0244-906075 CAMP OVERSEER: CHARLES ANTONY 0244-906075</p> </div>	DAY	PROGRAMMES	TIME	SUNDAY MORNING	CHURCH SERVICE	8:00am - 11:00am	WEDNESDAY MORNING	CHURCH SERVICE	7:30am - 10:30am	WEDNESDAY EVENING	ALLNIGHT SERVICE	10:00am - 3:00am	FRIDAY EVENING	INTERCENSIONAL PRAYER	7:30am - 8:30am
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Kumasi

<p>How to get there and away</p>	<p>Tro tro from Mampong 3GhC Taxi 70GhC Takes between 1 hour and up to 2 hours depending on traffic</p>
<p>Where to eat</p>	<p>Bobos cafe near Barclays Bank, 3 mins walk from the Vodafone office in Adun has a good selection of burgers, great Indian food, Italian, Chinese food, cocktails and mocktails, beer, ice cream with coffee Wifi and air con. The Golden Tulip hotel is 15 mins walk from vodaphone head office in Adun (close to Presby guest house and Kumasi catering guest house). Day use of pool is GhC 20 with expat menu of hamburgers, pizza, Greek salad (and humous / pita for Gina) at about 20 to 30 GhC for main plate. Cappuccino available.</p>
<p>What to see</p> 	<p>The Kumasi Market - is a must for all visitors. Very large and with a vast range of interesting and standard stalls to see. Make sure you know which entrance you use so that you can ask for directions if needed to leave after your visit. A-star supermarket has wider selection than Mampong of tins, UHT milk in Tetra Pak cartons, breakfast cereal plus ice cream cafe on the veranda. It is a short walk from the Vodafone office and market. There is another supermarket almost opposite the Barclays Bank near to Bobos. The Prempreh II Jubilee Museum is recommended for an overview of Ashanti history. There are several other museums and the National Cultural Centre and Tourist Office around the same area – if you visit them please send me your comments for inclusion. Aside from the very crowded market and bus station it is pleasant walking in Kumasi. Plenty of ATMs taking visa debit / credit cards.</p>

Bobiri butterfly and forest reserve

<p>How to get there</p>	<p>By taxi, about 80GhC from Gyetiase or Mampong to Effiduase by shared taxi. Effiduase to Ejisa by tro tro. Ejisa to Bobiri by taxi or by tro tro to Dadeasu and then walk for 3km (about 1hr 30 mins from Mampong to reserve if not walking the final bit)</p>
<p>What to see</p>	 <p>Forest, as Gyetiase was 50 years ago. Butterflies, birds. A guide will take you on a walk, several walks are available. Be aware the payment for guiding and park entry all goes to the man in the office - not to the guide.</p>
<p>Where to eat</p>	<p>You will need to bring your own food. There is a kitchen to cook it.</p>

Overnight trips

Kumasi

<p>How to get there and away</p>	<p>Tro tro from Mampong 3GhC Taxi 70GhC Bus stations - STC goes to Tamale, Accra and Cape coast. You can book for luxury busses. STC goes to Wa twice weekly. OA bus station goes to WA and Tamale with middle of the night departures to WA. You can book at the station. VIP busses - near A-star supermarket. We're not sure where they go and how to book but they look good. That aside, tro-tros to everywhere but hard work for a long journey with bags on your lap, many stops, people climbing in and out, hot and dusty. Flying Kumasi to Accra and Tamale / Wa and Tamale to Accra are all easy. Book in advance for best fares but from Kumasi you can get a seat on the day to Accra. Taxi to the airport or to central Kumasi from Gyetiesie is NGC 70 in autumn 2013 and takes between 1.5 and 3 hours depending on rain and traffic. There is a little cafe at the airport in Kumasi where you can spend some time if you are early for a flight.</p>
<p>Where to stay in Kumasi</p>	<p>Kumasi Catering Guest House tel 0322026506 Double room GhC 160, single room GhC 105 both include breakfast. Room has air con and private bath room, very quiet location within 5 mins walk of Vodafone office, good dining room for dinner, bar area. Very friendly service, very clean. Presbyterian Guest House Double room rates 50 GhC with air con and private bath or 30 GhC with fan and shared bathroom. Beds are very hard. Rooms are basic but clean. The location is excellent, within 5 mins of Vodafone office. Restaurant open until 17:00 daily for basic food. The presby guest house is a good safe and cheap option but don't expect luxury! The Golden Tulip hotel is 15 mins walk from Vodafone head office in Adun (close to presby guest house and Kumasi catering guest house. Day use of pool is NGC 20 with expat menu of hamburgers, pizza, Greek salad (and humous / pita for Gina) at about 20 to 30 GhC for main plate. Cappuccino & latte available.</p>

<p>What to see</p>	<p>Market – this is the biggest market in West Africa, sells everything, has crowded tiny alleyways, is not touristy in any way A-star supermarket has wider selection than Mampong of tins, UHT milk in Tetra Pak cartons, breakfast cereal plus ice cream cafe on the veranda. The Prempeh II Jubilee Museum is recommended for an overview of Ashanti history. There are several other museums and the National Cultural Centre and Tourist Office around the same area – if you visit them please send me your comments for inclusion. Aside from the very crowded market and bus station it is pleasant walking in Kumasi. Plenty of ATMs taking visa debit / credit cards..</p> 
<p>Where to eat</p>	<p>Bobos cafe near Barclays Bank, 3 mins walk from the guest houses above has a good selection of burgers, great Indian food, Italian, Chinese food, cocktails and mocktails, beer, ice cream with coffee Wifi and air con. There are plenty of other places recommended in Brandt's guide so you should find good food with no trouble in Kumasi.</p>

Bobiri butterfly and forest reserve

How to get there	By taxi, about 80GhC Mampong to Effiduase by shared taxi. Effiduase to Ejisa by tro tro. Ejisa to Bobiri by taxi or by tro tro to Dadeasu and then walk for 3km (about 1hr 30 mins from Mampong to reserve if not walking)
Where to stay	Guest house. En-suite rooms. A generator supplies electricity in the evening. 30GhC per night
What to see	Forest, as Gyetiase was 50 years ago. Butterflies, birds. A guide will take you on a walk, several walks are available. 
Where to eat	You will need to bring your own food. There is a kitchen to cook it in. 

Lake Bosomtwe

How to get there	<p>Direct Taxi from the clinic, about 100GhC or To Kumasi by tro tro, then find tro tro (not easy) to Kuntanase, then taxi to hotel.</p> <p>The taxi can bypass to the east of Kumasi so journey time should be about 90 minutes.</p> <p>For the return trip the guest house can arrange a taxi to Kuntanase or all the way to gyetiase.</p>
Where to stay	<p>Cocoa Village Guest house. Ph 0208612675. Email info@cocoa-village.com</p> <p>Pleasant chalets, run by a young Slovenian couple</p> <p>There is a bigger hotel in Brandt's - said to be fine but more expensive than Cocoa village.</p>
What to see	<p>Walk or cycle around lake, swim, kayak, or just sit, relax and watch lake life pass by</p> 
Where to eat	<p>Hotels all serve food. Each village has a little stall or shop to buy water and a few provisions.</p>

Longer trips – The North

Mole National Park

<p>How to get there</p>	<p>Metro Mass bus from Tamale, leaves between 2-6 pm (supposed to leave at 2 pm so you need to be there even if the bus is not) or around 5am. These will take you to the motel in the park Taxi from Tamale, costs 150-250GHC, depending on your driver and your bargaining skills There are busses from Larabanga to tamale and mole. Both are early departures from Larabanga so you will need to organise a taxi to Larabanga from the park.</p>
<p>Where to stay</p>	<p>Lodge inside the Park, "Mole motel" has dorms, rooms with 2 or 3 beds and chalets for 2 people. http://www.molemotelgh.com/. There is a wonderful view overlooking the Park and watering hole. There is a pool and pleasant sitting area. Double rooms around 100GhC, dorms less, chalets more-about 195GhC. Chalets and some of the bed rooms have air con, the rest have fans. Book ahead and be very clear about which room is reserved for you and what time you expect to arrive. We recommend you book by phone and ask for the name of the person taking the booking - they are nice but a little disorganised. If you are running late let them know you are still coming.</p>
<p>What to see</p>	<div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>The lodge is on the edge of an escarpment so there are wonderful views across the savannah and watering hole. Walking safaris with guides, monkeys, crocodiles, birds, elephants at 7.30am and 3.30pm Driving safaris are available at the same times as the guided walks. Labaranga has the oldest stick and mud mosque in Ghana. You can walk there or get a taxi.</p> </div> </div> <div style="margin-top: 20px;">  </div>
<p>Where to eat</p>	<p>Meals available at the Lodge. The food is good.</p>

Wa and the Hippo sanctuary

<p>How to get there</p>	<p>Metro Mass leaves Kumasi at about 5am from the race course station VIP buses leave Kumasi around midnight, these buses come from Accra so timings are variable and you will need to pre book (at least the day before you travel) so that they can provide seats. There is a bus from Larabanga (Mole National Park) to Wa, leaves around 7am. There will be ways to get from Larabanga to Wa by tro tro and taxi but you will need to organise it in Larabanga itself.</p>
<p>Where to stay in Wa</p>	<p>Hotel Blue Hills and the Upland Hotel are around 90GhC, these are the two best hotels with air conditioning, hot showers, restaurant. Catholic Guest House. Been recommended as cheap and clean, used by volunteers and travellers.</p>
<p>What to see</p>	<p>Wa is a dusty overgrown village, a bit dirty, seems to improve after initial impressions. Mud and stick palace</p> <p>Trip to Wachau Hippo Sanctuary. http://www.ghanahippos.com/ Hire taxi for the day (1hr 30 min trip, ask to go on back road not via Kumasi road, back road goes past villages in various styles), or go by tro tro to Ga on Kumasi road, then tro tro or taxi to Wechiau, then a taxi will be needed to get to the river. At Wechiau, collect a guide at the Community Centre, then 20km drive to river. Collect canoe and paddler to go along river, he will know where hippos most likely to be seen. You pay for the time on the water. Chances are greatest in morning or late afternoon, and in dry season when water is low. We saw hippos late morning in November. Guide can also do a plant walk, and a cultural tour around a local village. There is a hostel at the river, mud built in the local style, no electricity, bring your own food and water. There are places to sleep in doors and on the roof. We have also heard it is possible to stay in a tree house next to the river.</p>
<p>Where to eat</p>	<p>In Wa eat at your hotel or in the town centre which really wakes up in the evenings but is still a small provincial town so food is local rather than for tourists. For the hippo sanctuary, take your own food, can be bought in Wechiau. You can buy water near to the community centre.</p>



Tamale

<p>How to get there</p>	<p>Bus from Kumasi to Tamale, these usually leave in the morning from 5-8am. So you will need an early taxi or stay overnight in Kumasi. There are MetroMass and STC buses on this route</p> 
<p>Where to stay</p>	<p>African Dream Hotel. http://www.africandreamhotel.com/ Clean, comfortable air conditioned rooms, run by a French woman and her Ghanaian husband. High end and expensive but very nice! Catholic Guest House. Been recommended as cheap and clean, used by volunteers and travellers. Look in Bradt Guide and online.</p>
<p>What to see</p>	<p>Market Transit point for Mole National Park (3 hours) Landscape around Tamale is very different from Gyetiase, it is in the northern savannah zone and is much drier. There is only one rainy season each year.</p>
<p>Where to eat</p>	<p>There are some good places recommended in Brandt's guide. We found tourist food as well as local food in tamale - you can even get pancakes / banana split with ice cream.</p>

Longer trips - Accra

How to get there	Fly or bus from Kumasi
Where to stay	<p>Frankies Hotel and Restaurant, Oxford road. It has a good restaurant, bakery, bar and ice-cream parlour. It is 10 cedis to the Labadi Beach hotel.</p> <p>Hotel Bobily, just off Oxford Road, pleasant courtyard, good rooms</p> <p>Plenty of other hotels mentioned in Brandt's and on the web.</p> <p>Airport areas at around USD 90 to 120 for a double room</p>
<p>What to see</p> 	<p>Labadi Beach hotel - day use of pool US\$20 - expat food, good poolside shower rooms / bathroom. You can walk along the beach and join in the fun at the main La Beach if you want. On the other hand you can just stay on the hotel beach and chill and watch the waves roll in and drink a beer and not have to deal with the many good humoured but persistent) hawkers. The hotel taxis are air conditioned and cost 35 cedis to just about anywhere in Accra. It is ideal as a final day at the beach before evening flight to Europe. GhC approx 20 to / from airport on local taxis or more if using hotel taxi. It is possible to take AM flight from Kumasi and have the afternoon at the pool before evening flight</p> <p>Oxford road is alive with restaurants and tourist things in the evening.</p> <p>The national monument and stadium are good to visit but not set up for tourists with tours or guides so expect to walk past and walk through. The museum in small but interesting</p> <p>Supermarkets, shopping centres, accra mall all have a wide range of food and clothes.</p>
Where to eat	Oxford road is a good place to explore for food. There is plenty of choice. Good ice cream can be found for a treat.

Longer trips – The coast

Cape Coast

How to get there	2-3hours from Accra/ Metro Mass, STC and various VIP buses
Where to stay	<p>There are beach resorts - mid range simple and noisy volunteer hostels / hotels. We stayed at mighty victory hotel. The air con double room was quiet, clean and comfortable.</p> <p>Baobab is cheaper and hosts more young volunteers but is clean and well located. No air con but fans in the rooms.</p>
What to see	<p>Castle – the most dramatic and harrowing slave castle along the coast,</p>  <p>Beach – good for walking along</p>  <p>1 hour to Kakum National Park</p>
Where to eat	Baobab Café has some real treats. That aside there is plenty of good eating available near to the castle in cafés that overlook the ocean and of course in the hotels.

Elmina

<p>How to get there</p>	<p>2-3 hours from Accra, taxi, metro mass bus, tro tro 30mins from Cape Coast</p>
<p>Where to stay</p>	<p>Coconut Grove Bridge House Hotel. Located next to fishing port, can watch the fishing boats pass by from the outdoor restaurant. Rooms large and clean. Can use the pool at Coconut Grove resort. About £40 per night</p> <p>Coconut Grove Resort. Located about 3km along the beach. A large resort with pool, large rooms, has few guests so seems soulless. About £100 per night http://www.coconutgrovehotelsghana.com</p> <p>Elmina Bay Resort hotel is just beyond the Coconut Grove and much smaller though still fairly quiet. Lovely pool by the sea. Lovely rooms. Great bar and restaurant. Nice beach walks. But not cheap. Stumble Inn (next door to Elmina Bay Resort) is a really good cheap eco-friendly place with interesting chalet style rooms (non-AC) and serving great food and plenty of cold beer etc. Busy but pleasant with a younger crowd.</p>
<p>What to see</p> 	<p>Elmina Castle – was once a slave post</p> <p>Fishing port – hundreds of colourful fishing boats come in and out everyday</p> <p>Fish market – large, smelly and interesting</p> <p>1.5 hours to Kakum National Park</p> 
<p>Where to eat</p>	<p>Both Coconut Grove hotels have good food, the resort is much more westernised.</p>

Busua

<p>How to get there</p>	<p>Accra to Takoradi (about 4 hours, Metro Mass, STC, VIP). Then Tro tro to Agona and then tro tro or shared taxi to Busua Taxi 40GhC from takoradi to busua.</p>
<p>Where to stay</p>	<p>Busua inn. There are many hotels in the town and you can chose from European luxury to basic young volunteer style but busua in is mid range, comfortable and clean, run by a "foodie" French couple. The food is great but not cheap.</p>
<p>What to see</p>	<p>The beach, nice local walks and a visit to cape 3 points lighthouse. The thing to do here really is to enjoy all the food and drink, the beach and the surfing! The sea is generally safe and fairly calm at Busua so it is a Mecca for surfing.</p> 
<p>Where to eat</p>	<p>Busua inn is good. Across the road from the hotel driveway there is a little shack on the junctions where the taxis park. It has 4 or 5 tables, great food, very cheap and the lady who runs it knows all about hygiene, clean water and large portions of good food.</p> <p>There are many good places to eat in town but we found "can the pancake man", "XXX the bag man", "XX whoever the juice man or the lobster man" all a little overpriced and not that great. The little restaurants with the bigger crowds were the places to be.</p>
<p>Another note</p>	  <p>Try Exile Bay resort if you want a really quiet, pretty spot. It is about 20 mins by taxi west of Bresua. The food is good (same owners as busua inn) but a little pricey. The rooms are small and quite basic but the bay is lovely and the beach is very quiet and really lovely. There is a small fishing village 5 mins walk away, boat rides through the mangroves are also available</p>

Kakum National Park

<p>How to get there</p>	<p>1 hour from Cape Coast Taxi 30GhC one way, or 70 GhC for taxi to take you there, wait and then take you back Tro tros are cheap and available but will take a little longer and you may need to wait outside the park for a few minutes before one comes along to take you back to cape coast.</p>
<p>Where to stay</p>	<p>Cape Coast Rain Forest Lodge Guest house at entrance, fairly basic (easy to muddle this with hotel below) Rain Forest Lodge, about 5miles south of park. Has pool. £35 http://rainforestlodgegh.com/</p>
<p>What to see</p> 	<p>Kakum National Park. Walk in canopy is main attraction, can extend this walk to spend an hour more amongst the trees. It is very worthwhile. Stingless Bee Centre, Monkey Forest Resort are nearby</p> 
<p>Notes re kakum</p>	<p>There is a cafe with a wide range of food and drinks, no need to take your own to the park.</p>

Keta - Volta Region

<p>How to get there</p>	<p>Coming from Gyetiase it would be better to spend a night in Accra before heading to Keta. Taxi from Gyetiase to Mampong. <i>Tro tro</i> from Mampong to Kumasi. Vip and other buses from Kumasi to Accra. From Accra direct <i>tro tro</i> to Keta at Tudu station. 12 GhC. The journey takes about 4 hours, depending on the traffic. Alternatively, private car or <i>tro tro</i> can be arranged and visitors will be met at the station or wherever they prefer. About 160 GhC. To arrive in Keta from Accra – by <i>tro-tro</i> or private car - travellers have to cross the <i>Lower Volta Bridge</i> that by itself is worth the journey.</p>
<p>Where to stay</p> 	<p><i>A&Y Guest House</i>. Run by an Italian women (an Ashanti Development volunteer) and her Ghanaian husband this guest house is located in a fishing village called Aflasco, between the Lagoon and the Ocean. Both lie about 500m from the Guest House. The rooms are made with local materials. They have a mosquito net and fan. 25 GhC. Traditional Ghanaian food, Italian pizza and pasta are available. Simple cakes and bread are baked. There is electricity for light and solar panels as a backup. There is no running water, so guests will experience bucket showers as villagers do. Guests can enjoy a small African library while relaxing or waiting for their food to be ready. antonellasinopoli@gmail.com www.ghanaway.net (the web site will be ready in English soon)</p>
<p>What to see</p>	<p>Keta Lagoon, which is the largest in the country. Fort Prinzenstein, the only fort in this part of the country. Local Market every 4 days. Experience Ewe culture by visiting some <i>shrines</i> and taking part in a performance. Fishing activity in the Lagoon and on the beach. Enjoying the waves and the white, large beach. Visiting an uninhabited island by boat and birdwatching.</p>
<p>Where to eat</p>	<p>Visitors have to use a <i>tro tro</i> or a shared taxi to reach local restaurants where they serve only local food. Some nice Spots are in the town which serve various chilled drinks. Anyway, <i>A&Y Guest House</i> serves breakfast, lunch and dinner. Ghanaian and some Italian food, like pizza and pasta. People can learn how to cook <i>fufu</i>, <i>banku</i> and some Italian dishes. Prices are cheap and affordable.</p>
<p>Another note</p>	<p><i>A&Y</i> is also a good transit point for travelers who want to visit other places in the Volta Region, such as the lighthouse at Cape St Paul in Woe, the oldest in the country, Akosombo dam, the Wii Falls in Hohoe, some Ewe kente village. It is also a good location for those who want to cross the border, in Aflao, and go to Togo.</p>

Ghana NGO Collaboration Project

This project has been set up to enable volunteers to visit other NGOs / charities working in Ghana. Currently there are 4 organisations including Ashanti Development involved. Hopefully this number will increase.

If you would like to visit please contact as shown on the sheet (please do not just turn up) to arrange your accommodation and to discuss what you would like to do during your visit. CRB checks may be required of you wish to work with children, check with the contact of the organisation.

Ashanti Akim Community Organisation

Friends of Tafo

Sabre Trust

